



# Overheard at The Orchard



Issue No. 42 | July 2025

## A Message from the Headteacher



As we reach the end of another busy and brilliant year at The Orchard, I want to take a moment to reflect on the many things we can be proud of.

This year has been a real testament to The Orchard Way, with pupils and staff showing what's possible when care, trust and belonging are at the heart of everything we do. Whether it's been in the classroom, the garden, during therapeutic interventions, or simply in the day-to-day rhythm of school life, we've seen endless examples of our values in action. Every small success—every step forward—has helped shape our community into one that is safe, inclusive and focused on growth.

Our pupils have worked incredibly hard, and it's been a joy to see their curiosity, resilience and pride shine through. There have been too many highlights to list, but whether you've taken part in a celebration day, watched our pupils present in assembly, or witnessed a moment of quiet progress—these are the things that matter. These are the things that last.

This term we say a very fond farewell to our Year 11s. We are so proud of who they've become, and we send them off with our very best wishes for what comes next. Remember—you'll always be part of The Orchard.

We're also saying goodbye to Hazel, Kayleigh, Nazli and Zara, who are moving on to new adventures. Thank you for everything you've brought to the school. You'll be greatly missed. And we send all our best wishes to Clara and Rachel as they begin their maternity leave—exciting times ahead!

Looking ahead to September, we're excited to build on everything we've started. The school environment will look and feel even better, with purposeful spaces that support wellbeing, regulation and readiness to learn. Our KS3 Primary Model will take another step forward, helping to build stronger relationships, greater consistency, and the therapeutic foundations our learners need to thrive.

Thank you to all our families, staff, governors and supporters for walking this path with us. The Orchard is a place where everyone matters and everyone cares—and that's never been clearer than it is now.

Enjoy the summer break. We'll see you in September, ready for what's next.

Warm wishes,

*Alistair*



## Overheard at The Orchard

# Orchard Primary Update

It has been a busy summer term in Primary and we are all looking forward to the summer break.

It was lovely to see so many of you at the summer fayre – I hope you all enjoyed it and that some of you won one of the great raffle prizes.

There are a few things to tell you about for the new term in September.

Firstly, we have decided to change the names of the Primary classes! After a lot of deliberation, we have agreed to change them to names of birds of prey, to tie in with our pupils love of nature! Hopefully we will fit in a trip to see them at a bird sanctuary next year. So the classes and their teachers will be as follows:



### **Falcons**

Mrs Wood



### **Eagles**

Miss Tear



### **Owls**

Miss Bishop



### **Hawks**

Miss Apps / Mrs Hampshire

Secondly, in term 1, Eagles (year 6!) will be going swimming, starting on Monday 15th September. I am hoping to get gymnastics confirmed again and will let you all know which day it will be as soon as possible. I am also really pleased to let you know that we have managed to secure Forest School sessions again for all classes for next year, as we all know how much the children love their visits to see Pat at Willowbank! We will send you more details about this after the summer break.

Finally, I have to share the sad news that Zara will be leaving us at the end of term, to move on to pastures new. We are so sorry to see her go and thank her for all their hard work, but of course, we wish her every success for the future. Miss Rule also has a change ahead as she is moving to the secondary department to be a KS3 teacher. Of course, we are sad to lose her from Primary and secondary are lucky to have her!

We hope you all have a lovely summer and look forward to welcoming everyone back to school in September. There will be a few other changes to look out for, so keep your eyes peeled!

Please remember to send P.E kits in to school on the first day back!

Thank you for your ongoing support,

**Mrs Stephens**

**Assistant Headteacher, Primary**



## Overheard at The Orchard

# Introducing

## Hugo

### Our School Dog in Training

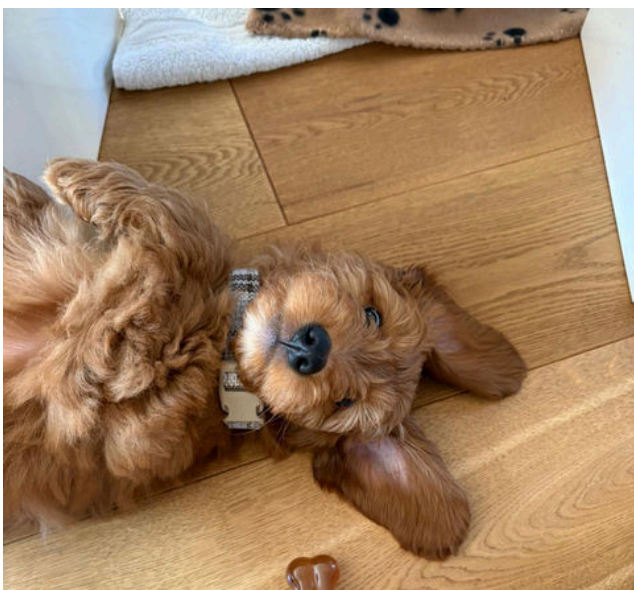
We're thrilled to introduce Hugo, our future school Therapy dog, who has already captured the hearts of staff and students alike!

Hugo is a gentle and friendly Minature Goldendoodle who has been visiting The Orchard School this term as part of his socialisation and training journey. While he's not quite ready to spend time directly with pupils just yet, he's been getting used to the sights, sounds, and rhythms of school life — and he's doing brilliantly!

When he is old enough, Hugo will attend professional training sessions to ensure he becomes a calm, confident, and well-behaved presence around children. Until his training is complete and he is officially approved for work with pupils, he'll only be visiting the school for short, supervised periods and will not spend time in classrooms with pupils.

We know many of you are excited to meet him properly — and we are too! We'll continue to share updates on Hugo's progress, and when the time is right, we'll introduce him to our school community more fully.

In the meantime, thank you for your support as we help Hugo become the best school dog he can be!





## Overheard at The Orchard

# Introducing.....



## **Mrs Hampshire**

### **Phase Lead KS2**

Dear Parents and Carers,

I've been part of Orchard for many years, primarily within the Primary department, and have always loved working with our incredible team and young people.

Now, as Primary Phase Lead, I'm excited to help shape the department's future and contribute to the wider school community.

This term has been another one filled with fun, growth, and fantastic opportunities across the Primary phase. Each class has thoroughly enjoyed their Friday Forest School sessions at Willowbank Education. From fishing and den building to teamwork challenges, campfires, and even playing with the dogs—there have been so many memorable moments!

It's been a joy for both myself and the class and Willowbank staff teams to watch our pupils grow in confidence, patience, and collaboration during our woodland mornings. These positive changes have been reflected back at school too, with each group showing greater maturity and forming stronger friendships—both within their classes and across the wider department.

Learning has taken many forms this term, and our pupils have embraced every challenge with enthusiasm. They've also shown a fantastic response to our new school values, and we're so excited to see how much more we'll grow together in the next academic year!

***Mrs Hampshire***



## Overheard at The Orchard

# Introducing.....



## **Mrs Hardy**

### **Phase Lead KS3**

Dear families and carers,

It's a real privilege to be writing to you in my new role as KS3 Phase Lead at The Orchard School.

This is an exciting time for our community as we launch our brand-new KS3 Primary Model—a child-centred, nurturing approach designed to give every pupil the strongest and most supportive start to their secondary journey.

Our new model has been carefully shaped around what our young people need to thrive—consistency, connection, and creativity. Students will spend most of their time with a key teacher in a dedicated classroom base, supported by familiar routines and high-quality relational practice. These close relationships are key to helping pupils feel safe, understood, and confident in their learning.

We've also made space for what makes learning joyful and memorable. From fun, hands-on creative projects to exciting, enriching trips, we want every child to experience the wonder of discovery, the joy of self-expression, and the pride of achievement. Whether it's working as a team on a class enterprise project or exploring nature on an outdoor learning trip, we are committed to making learning engaging and full of purpose.

I'm incredibly proud to be leading this next phase of development and working alongside a dedicated team who truly believe in the power and potential of every child. This is more than a new model—it's a meaningful step forward in creating a calm, inspiring and inclusive KS3 experience where every pupil can grow, flourish, and enjoy school life to the fullest.

Thank you for your continued support. I look forward to sharing more updates and successes with you soon!

***Mrs Hardy***



## Overheard at The Orchard

# Introducing ● ● ● ● ●



## Mr Wicks

### Phase Lead KS4

Dear parents and carers,

I am delighted to introduce myself as Phase Leader for our Key Stage 4 cohort.

I have been teaching at The Orchard School for more than 7 years now, mainly focused in key stages 3 and 4 but with the odd adventure into the Primary curriculum.

As well as Phase Leader I am the school's exams officer and also the school's careers lead, roles which have given me a deep appreciation of the need to provide our KS4 students with the very best opportunities for success in the next steps of their journey through life beyond our school.

Our KS4 Qualifications curriculum model is a fairly traditional model for years 10 and 11 with students receiving tuition from teachers who are specialists in their curriculum fields, moving around the Key Stage 4 section of the school to classroom spaces that are purposely designed to support students toward carefully selected qualification pathways.

The restructuring of the school, the curriculum and a greater focus on wellbeing and personalised learning experiences for our students provides a fabulous opportunity, enabling the KS4 Phase Team to provide our young people with fully rounded and supported qualifications pathways that are inclusive of our wellbeing curriculum principles, aligned with our new Mission, Vision and Values and fully integrated with cross curricular careers and personal development outcomes.

Our highly experienced KS4 Phase Team will be delivering a wide variety of both GCSE and Vocational Qualifications, such as Functional Skills and work / life skills, to years 10 and 11 and providing tailored support to meet the needs of all of our students as they approach their final assessments and exams.

I very much look forward to working with all of you all over the next year or two in truly enabling our young people to achieve outcomes that will form a strong platform for their futures.

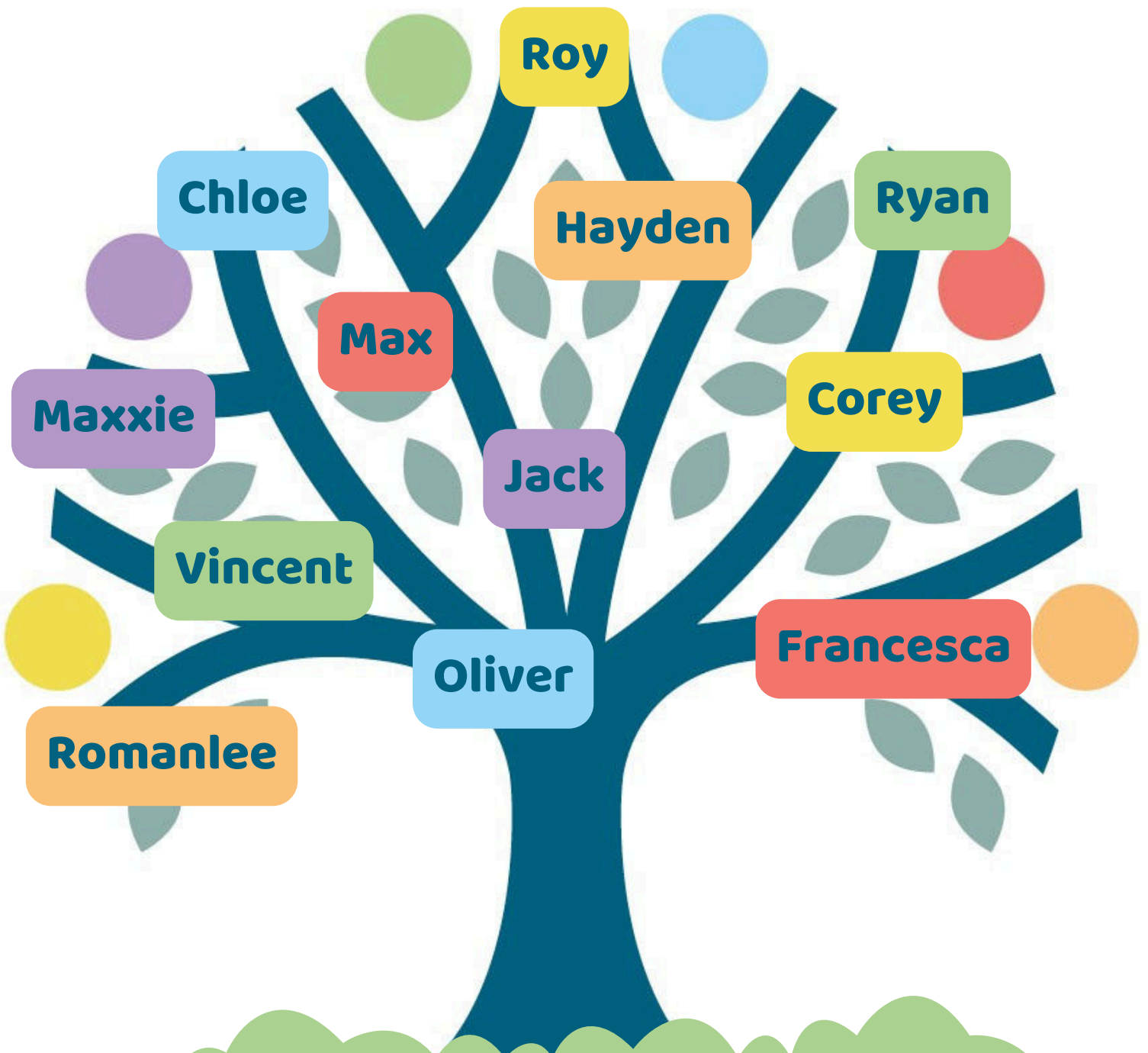
***Martin Wicks***

MWicks@orchard.kent.sch.uk



Overheard at The Orchard

# CLASS OF 2025





## Overheard at The Orchard

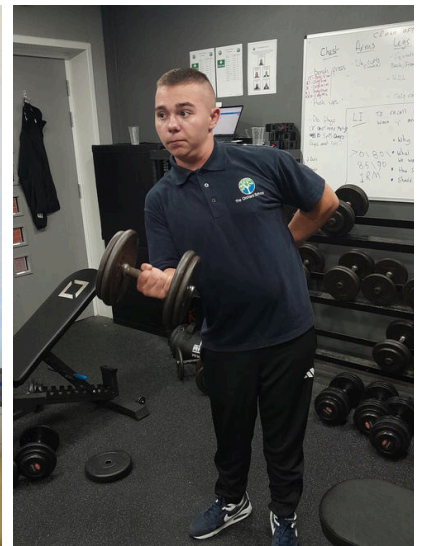
# CLASS OF 2025

On Friday 27th June this year we bade a fond farewell to our Year 11 Class of 2025. Many of those leavers had been part of our community for more than 5 years and, as much as we wish them all the very best for their futures, they will all be missed.

As an end of an era treat all students were given the opportunity to attend a fun filled outing to Thorpe Park on Thursday 26th June. Along with some of the staff who have been so significant in guiding them through their Orchard School journey the group had an absolute blast at the popular theme park, thoroughly enjoying the thrills of the rollercoasters and the spills of the water rides.

Farewell, Class of 2025. Wherever the next step of your journey through life leads you, we wish you every success.

***From all the staff at The Orchard School***





## Overheard at The Orchard

# ASTRO PI

Earlier this year Structure plus worked together to create an image that could potentially be displayed on a Raspberry Pi computer on board the International Space Station (ISS).

The class submitted their coded image of a Pokémon ball back in March. We were later informed that the image had passed all of the criteria and that it would be displayed somewhere above the Earth on the ISS during May 2025. We have now received the certificate and the image was displayed aboard the ISS on 16th May 2025 at 21:04 for one minute, when the ISS was travelling above the Celtic Sea and moving across Southern England towards the Channel.





## Overheard at The Orchard

### *Chairs with Tales to Tell ...*



This year's Art Focus Day was inspired by traditional fairy tales. Each class was challenged to design and build a life-sized chair using recycled materials, with their creation representing a chosen fairy tale.

**Starfish Class** based their design on *Hansel and Gretel*. The children used a range of art materials to decorate their chair with sweets, cookies, liquorice,

and chocolate, making it look almost good enough to eat! But look closely... the skulls on the chair legs are a reminder of the dangers that lurk within the story.

**Seahorse Class** created a chair inspired by *Little Red Riding Hood*. They worked together to design dramatic swords and axes, which they used to construct a bold, spiky backrest. The jagged edges echo the sharp claws, teeth, and pointed ears of the wolf. Twisted branches and shadowy tones brought the woodland setting to life, and if you look closely, you might just spot the glint of the wolf's eye peering out from the darkness ...





## Overheard at The Orchard

# BOONIES



Students from The Orchard School had an unforgettable day at Boonies Assault Course, where they were put through their paces on a challenging, military-style obstacle course. From crawling through mud to scaling walls, every student showed incredible resilience, teamwork, and determination. It was a fantastic opportunity to build confidence, strengthen friendships, and develop essential life skills in a fun and energetic environment.





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

**Overheard at The Orchard**

# Music Sharks





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

Overheard at The Orchard

# Music Sharks





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

**Overheard at The Orchard**

# Music Sharks





## Overheard at The Orchard

# Active Lifestyles

This term, our KS4 students have been working hard at Canterbury academy gymnasium, focusing on improving various components of fitness. Students have explored a range of training methods, including resistance training, plyometrics and cardiovascular training. Each designed to target different areas such as strength, endurance, flexibility, and overall fitness.

Students have followed their own programs, and shown great determination, resilience and effort, consistently stepping out of their comfort zones to challenge themselves physically and mentally. It's been fantastic to see their progress and commitment to personal improvement. Well done, Year 10 and 11!





## Overheard at The Orchard

# KsENT Games



Students recently had the opportunity to attend the KSENT Games, an inclusive sporting event that celebrates participation, teamwork, and personal development. The day was designed to be accessible and enjoyable for all students, providing a supportive environment where everyone could get involved.

Throughout the event, pupils took part in a wide range of sports and activities, showing great enthusiasm, effort, and resilience. They worked hard, embraced new challenges, and developed a variety of new skills—both individually and as part of a team.

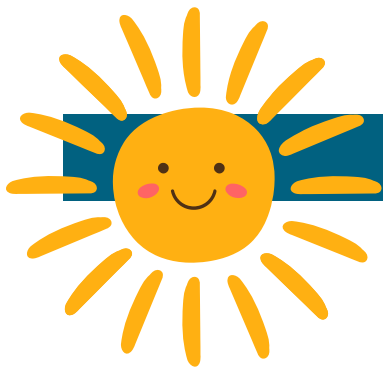
It was a fantastic day of sport, inclusion, and growth. Well done to all the students who took part—you represented your school brilliantly!





## Overheard at The Orchard

# Summer Fayre



This year's Summer Fayre was another fantastic success, filled with fun activities, exciting stalls, delicious treats, and brilliant prizes! Thanks to the incredible support from our school community, we raised over **£600** in profit — all of which will go directly towards our **Sensory Garden Project**.

A heartfelt thank you to everyone who came along and joined in the fun. Your enthusiasm and generosity made the day truly special. We'd also like to extend a special thank you to the amazing local businesses who donated such generous prizes for our raffle — your support means the world to us!

The Summer Fayre is one of our favourite days of the year, bringing together the whole school community — and what a wonderful community it is! If you weren't able to make it this time, we hope to see you next year. It's definitely a day not to be missed!



*Miss Hampshire*





## Overheard at The Orchard

# Fishing



This year has been an incredible one for our Fishing enrichment programme. Pupils have developed their confidence and resilience while learning how to use fishing equipment, understanding seasonal fishing methods, and embracing the patience and focus the sport requires. Their dedication and positive attitudes have made them a real credit to *Fishing for Schools*, the charity that generously funds our sessions. So much so, in fact, that we were invited to take part in creating marketing videos and photographs to showcase the impact of the programme. Several pupils bravely stepped up to be interviewed on camera, sharing how fishing has helped them improve their concentration, motivation, and confidence, all skills that continue to grow with each session.



**Miss Lloyd**





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

## Overheard at The Orchard

# Fishing





## Overheard at The Orchard

# Fishing



A huge congratulations to one of our dedicated pupils - Nathan - who has taken his passion for fishing to the next level! After honing his skills over the past couple of years through our enrichment sessions, he recently competed in his first angling competition outside of school, finishing an impressive 9th out of 38 participants. An outstanding achievement and a true testament to his hard work and commitment! Well done Nathan!

*Miss Lloyd*





## Overheard at The Orchard



### Help Us Build Something Special: Our Outdoor Classroom Project

To bring this vision to life, we are reaching out to ask for your support. We would be hugely grateful if you could consider contributing towards the project.



#### Timber and Tools

Planks, logs, or tools (like hammers, nails, and saws.)

We appreciate any donation of materials, equipment, plants, tools or a financial contribution toward the construction and maintenance of the space



#### Sand and Gravel

For sand and gravel for the ground cover.

**Thank You!**

Your support will help us create a wonderful outdoor space for our children to learn, play, and grow.

Donate today and be part of something special!

Contact us at [jpaler@orchardkent.sch.uk](mailto:jpaler@orchardkent.sch.uk)



**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES



## Overheard at The Orchard

# Kent Challenger Games

The Kent Challenger Games was an unforgettable experience for KS3 and KS4 pupils, packed with high-energy, team-building activities that pushed them beyond their comfort zones. From navigating a thrilling bomb disposal assault course to tackling challenges that demanded trust, communication, and resilience, students developed vital life skills in a fun and supportive environment. The event not only boosted their self-belief and teamwork but also left a lasting positive impact on their confidence and attitude back at school—setting them up for success both now and in the future





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

# Overheard at The Orchard



## Kent Challenger Games





## Overheard at The Orchard

# Football Fixtures

Our final football fixtures of the year brought a mix of challenges and triumphs as we faced off against Goldwyn, The Elms and Portal House. While a few matches proved tough and ended in defeat, the team consistently showed great spirit and determination. The standout moments came with dominant performances against Portal House, where we secured excellent wins through teamwork and relentless pressure. Leading from the back, captain Connor set the tone with his leadership and composure, while Charlie continued his impressive form up front—adding to his tally and bringing his Orchard Football career total to an incredible 16 goals so far. Special recognition goes to our Man of the Match winners: Hadleigh for his outstanding goalkeeping and Hayden for being a relentless midfield engine.

This fixture also marked the final match for our Year 11 students—a memorable and emotional way to end their school football journey. Their dedication, passion, and sportsmanship have left a lasting legacy on the team.

**Team:** Connor, Charlie, Bobby, Davie, Charlie, Hadleigh, Kody Jay, Harry, Hayden, Max, Jack, Corey

**Manager:** Kasen

**Media Team:** Keenan, Charlie, Hudson

A fantastic way to round off the season—well done to everyone involved!

*Mr Easter*





THE ORCHARD SCHOOL  
EVERYONE MATTERS, EVERYONE CARES



Overheard at The Orchard

# Football Fixtures





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES



**Overheard at The Orchard**

# Football Fixtures





**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES



**Overheard at The Orchard**

# Football Fixtures





## Overheard at The Orchard



**Books2Africa**

After introducing our new phonics programme, Little Wandle, we had lots of books that we could no longer use. Rather than let them go to waste, we packed eight boxes and donated them to Books2Africa, a charity that sends books to schools in Africa where resources are limited. We're pleased to know these books will now help other children enjoy reading and learning. It's a simple way to support education and make sure the books continue to be used and loved.



**Books2Africa**

## CERTIFICATE OF THANKS

**Awarded to**

**The Orchard School**

**For donating and funding  
a shipment of**

**8 box(es) of books and  
resources to Africa**

## Overheard at The Orchard



It is that time of year again when we say a big thank you and goodbye to our wonderful Student Voice Leaders who have contributed and represented The Orchard School.

We had our last meeting this term where there was another full agenda:

- School Repairs
- School Uniform
- School Equipment
- Morning Routine
- AOB

The Leaders were very passionate about improving the school from making the environment smart and clean to encouraging a new uniform and having good equipment throughout the school inside and out. The Leaders recognised and supported that a good positive start and end to the day was very important for our students.

Lastly and excitingly they were aware that we will be having a School Therapy Dog!

The full agenda and discussion points have been handed to our Senior Leadership Team for their reference and action 😊

Our Student Voice Leaders will all receive a Certificate and Amazon Voucher...

- Noah
- Kayden
- Louie-Joe
- Kasen
- Hayden
- Kane
- Renars
- Hadleigh
- Chloe
- Kasen
- Charlie
- Nathan



Watch this space for the next academic year and who will be our new Student Voice Leaders.





## Overheard at The Orchard

# The Orchard School Our 3 Simple Rules



## READY

We are ready to **learn**,  
ready to **listen**,  
ready to **engage**



## RESPECTFUL

We show respect for  
**ourselves, each other** and  
our **environment**



## SAFE

We keep ourselves  
and others safe- in  
**body** and in **mind**

**EVERYONE MATTERS, EVERYONE CARES**



## Overheard at The Orchard

# SCHOOL UNIFORM



A reminder that **all pupils** are required to wear school uniform.

School uniform can be purchased from the office. Prices are as follows:

- Polo Shirt: £6.50  
(KS2 & KS3 - *Light Blue* / KS4 *Navy Blue*)
- Jumper: £11.50
- Fleece: £20

Black trousers/skirt and black shoes are also part of The Orchard School uniform.



## Overheard at The Orchard

# E-scooters – are you breaking the law?



**Can I ride my e-scooter to school or work?**

**No, it's Illegal...**

E-scooters are classed as motor vehicles and are required to be taxed and insured. It's not possible to get insurance for privately owned e-scooters, which means it's illegal to use them.

**Can I ride my e-scooter on the pavement?**

**No, it's Illegal...**

You cannot use e-scooters on public footpaths, cycle lanes or roads.

**What happens if I'm caught using my e-scooter in public spaces?**

**The scooter may be seized and as a result, destroyed.**

If stopped by an officer, you may be asked to complete a breath and drugs test. You also risk a £300 fine and six penalty points on your licence for no insurance.



**Kent  
Police**

### **Think before you buy:**

The number of electrical scooters being used on our streets has risen, as well as reports of serious injury and fatalities.

For more information and advice on the use of e-scooters visit [www.kent.police.uk/road-safety](http://www.kent.police.uk/road-safety)



## Overheard at The Orchard



**BIMA**  
BRITISH ISLAMIC  
MEDICAL ASSOCIATION

# FLU VACCINATION GUIDANCE

## Why is it beneficial to get vaccinated?

- 1 You will help **protect yourself** from the possible severe complications which can be caused by flu. A flu vaccine can reduce the risk of getting sick by around 30-60%, and prevent children being admitted to hospital because of flu. You may still get flu after a vaccine but it is likely to be milder and not last as long.
- 2 Being vaccinated means you can reduce the pressures on healthcare services by lowering GP and A&E attendances and by **reducing hospital admissions**.
- 3 **Reduce the chance of flu outbreaks** and protect the most vulnerable who are at high risk.



## What does Islam say?

Islam promotes the idea that the rights upon us extend to the people around us. The Prophetic teachings encourage us to be kind and make us aware that we should consider the implications of our actions. If you are young and healthy, you may not be severely affected by the flu **but you could pass it on to someone who is vulnerable**.

When it comes to choosing whether or not to vaccinate, it is important that we are empowered by the altruistic values our faith gifts us to make an informed and considerate choice.



**Not vaccinating could put yourself, your children, and others at risk.**

## Do all flu vaccines contain pork gelatine?

No, there are two main types of flu vaccine:

1. The injectable vaccine **DOES NOT** contain porcine (pork) derived product and is **offered to adults**.
2. The nasal spray vaccine offered to children **DOES** contain porcine derived product.

## Can Muslim parents choose which vaccine their child gets?

**Yes**, parents can choose to have the same injectable flu vaccine that is given to adults for their children, on the basis of religious objection. When asked to sign a consent form, let your vaccination service know your choice is because of the porcine gelatine in the nasal spray vaccine.

Most children are offered the nasal spray vaccine which is easier to administer and it may be better at preventing the spread of flu. Ask your doctor for further details so your child receives the most suitable vaccine. **Please consult a trusted scholar regarding permissibility as Islamic scholarly opinions differ.**

## Where can I get a flu vaccine?

The flu vaccine should be available in schools, GP surgeries, pharmacies and other venues your local health team may advertise. **Those eligible include most children, older adults (aged 65+), those with certain health conditions and pregnant women.** Don't miss out.





## Overheard at The Orchard



**BIMA**  
BRITISH ISLAMIC  
MEDICAL ASSOCIATION

# SHOULD MY CHILD HAVE THE NASAL FLU SPRAY?

Influenza (or flu) is a common and highly infectious disease caused by different strains of the Influenza virus.

Each year vaccines are updated so that they protect against the commonest strains of flu, **saving thousands of lives.**

A flu vaccine can reduce the risk of your child getting sick by **30-60%**, and prevent children being admitted to hospital because of flu.

It will also reduce the chance of vulnerable people, such as grandparents or those with long term health conditions, getting flu from your child.

## THERE ARE TWO TYPES OF VACCINES IN THE UK THAT PROTECT AGAINST FLU



### 1. NASAL SPRAY VACCINE



This will be offered to most school aged children, some pre-school children, and to children of any age with certain long-term health conditions. It is easy and quick to give.

The nasal spray vaccine **contains porcine (pork) gelatine.**

### 2. INJECTABLE VACCINES



All adults are offered this type of vaccine. Some children who cannot have the nasal spray because it is medically unsuitable will be offered this vaccine only.

The injectable vaccines **do not contain porcine derived products.**

**Vaccination is a strong defence against a virus which causes severe illness and deaths every year**



**Young children, pregnant women, older people, and anyone with low immunity or certain health conditions (such as diabetes, heart or lung problems) are at higher risk from getting very sick with flu**

Please do not delay a decision to vaccinate.

It is acknowledged by the NHS and public health that groups within British Muslim communities consider any porcine containing products to be forbidden, regardless of chemical transformation, whilst some allow it.

Children whose parents decline the nasal spray vaccine due to the porcine gelatine content **can request the injectable vaccine as an alternative.** This injection, which is also for adults and elderly, **has no porcine gelatine.**

Speak to a trusted religious scholar about having the nasal spray for your child if you have concerns about it's porcine gelatine content.



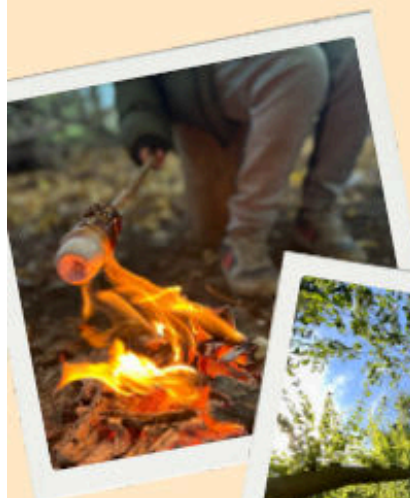


## Overheard at The Orchard



This Summer, join the Trail Blazers Team  
fishing, fire and feasting!

Sessions will run **throughout August** from 10:00 - 14:00  
Breakfast and lunch included  
**Free of charge**, supported by the CLA Charitable Trust



### Cooibewood Fishery. Ashford


Monday 4th - Ages 11 - 16  
Tuesday 5th - Ages 5 - 10  
Wednesday 6th - Ages 11 - 16  
Thursday 7th - Ages 5 - 10

### Cottington Lakes, Deal

Monday 11th - Ages 11 - 16  
Tuesday 12th - Ages 5 - 10  
Wednesday 13th - Ages 11 - 16  
Thursday 14th - Ages 5 - 10

To book or for more information,  
contact Trail Blazers:

 01233 234 528

 [enquiries@tb-education.co.uk](mailto:enquiries@tb-education.co.uk)

 [trailblazerseducation.co.uk](http://trailblazerseducation.co.uk)





## Overheard at The Orchard



# flu: 5 reasons to have the vaccine

### 1. Protect yourself

The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia

### 2. Protect your family and friends

Having the vaccine will help protect more vulnerable friends and family

### 3. No injection needed

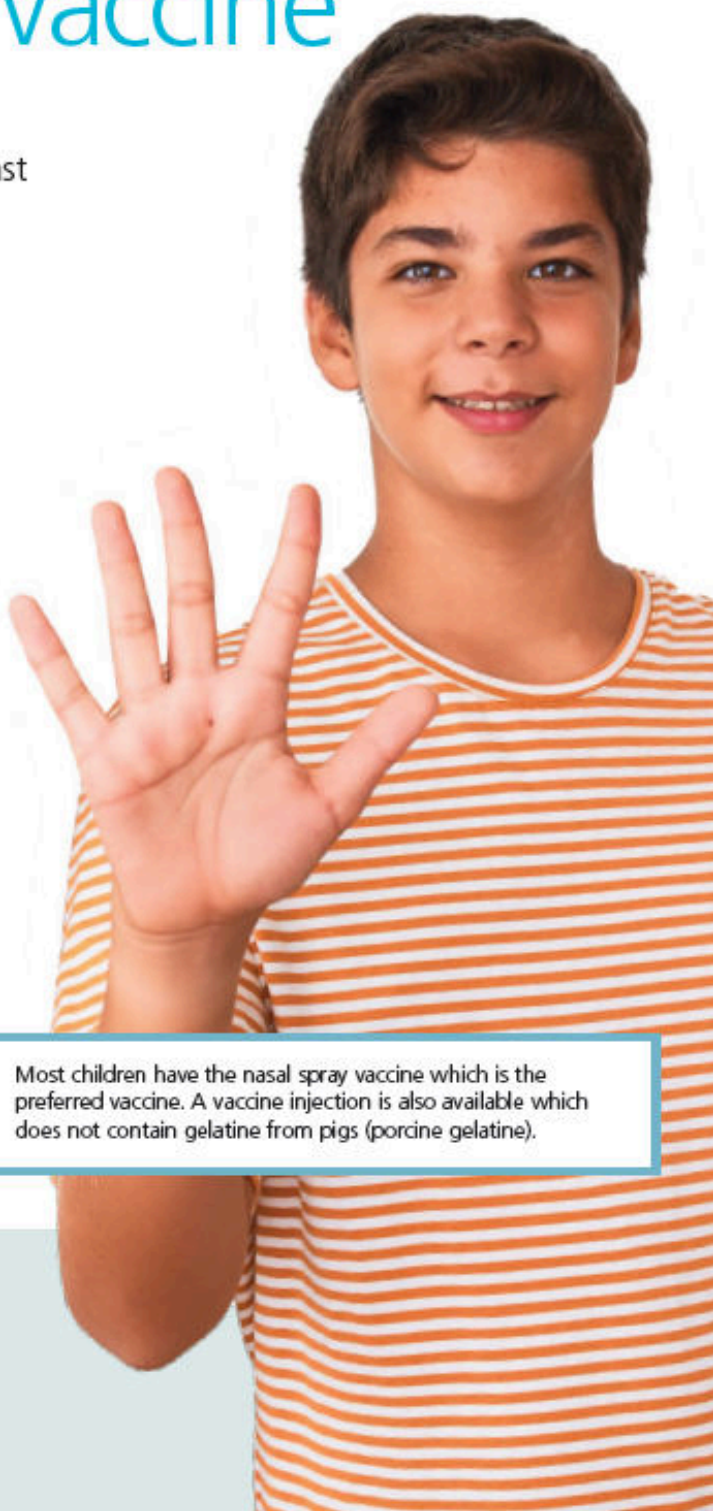
The nasal spray is painless and easy to have

### 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record

### 5. Avoid lost opportunities

If you get flu, you may be unwell for several days and not be able to do the things you enjoy



For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

**Flu**  **mmunisation**

Helping to protect you against flu



**THE ORCHARD SCHOOL**  
EVERYONE MATTERS, EVERYONE CARES

## Overheard at The Orchard

# Have a great



---

**Mr Alistair Hammond**  
**Headteacher**

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**01227 769220**



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www.orchard-school.com



TheOrchardSchoolCanterbury

